



“Let’s talk about caring”

CONFERENCE 2010

Hosted by Northside Community Forum Inc.

The “**Let’s Talk About Caring**” Biannual Conference 2010, aims to inspire carers and workers on Sydney’s Northside to talk about their caring experiences; to talk about their thoughts and feelings; to meet other carers; to gain knowledge about looking after themselves and to have fun!

The conference will aim to address the issues of caring, and includes interactive workshops to encourage delegates to become active in managing their own health.

There will be:

- Keynote speakers
- Workshops
- Information and exhibition stands

If you require more information about the “**Let’s Talk About Caring**”

Conference 2010 please visit the website www.nsforum.org.au,

email conference@nsforum.org.au or phone Northern Sydney Commonwealth Respite and Carelink Centre **Freecall** on

1800 052 222. (Calls from mobile phones are charged at applicable rates)

Date

28 July 2010

Time

8.30am - 4.00pm

Venue

Hornsby RSL
4 High Street,
Hornsby NSW 2077


northside
community
forum inc.
www.nsforum.org.au