

خدمات مراقبتی خانگی و اجتماعی

HOME & COMMUNITY CARE

SERVICES

برای سالخورده‌گان و افراد دچار معلولیت و از

کار افتادگی و مراقبت کنندگان آنها تا در صورت

امکان به حفظ زندگی مستقل آنها در جامعه کمک

شود



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

PERSIAN

خدمات مراقبتی خانگی و اجتماعی چیست؟

اگر دچار معلولیت و از کار افتادگی هستید یا دارید مسن تر می شوید، شاید انجام کارهای روزمره خانه برای تان سخت شده باشد. شاید حتی به فکر افتاده باشید که به یک آسایشگاه یا خانه سالمندان بروید.

برنامه مراقبت خانگی و اجتماعی (HACC) به شما و فردی که از شما مواظبت می کند کمک می کند تا بتوانید تا سر حد امکان به زندگی ایمن، راحت و مستقل خود در خانه ادامه دهید.

آیا من واجد شرایط هستم؟

با خدمات مورد نظر خود تماس بگیرید. آنها درباره شرایط استفاده از خدمات راهنمایی تان خواهند کرد.

هزینه آن چقدر است؟

بعضی از خدمات رایگان هستند، و بعضی نیز هزینه های متفاوتی دارند. هنگام تماس درباره هزینه ها سوال کنید.

بودجه برنامه خدمات خانگی و اجتماعی بطور مشترک توسط رفاه عمومی و ایالت تامین می شود. در صورت نیاز به اطلاعات بیشتر با پروژه توسعه HACC 02 8405 4444 تماس بگیرید.



همکاری با سالمندان، افراد دارای معلولیت و از کار افتادگی، مراقبت کنندگان و مراجع خدمات رسانی

تهیه شده توسط:

پروژه توسعه HACC شمال میدنی

PO Box 564, St Leonards NSW 1590

تلفن: 02 8405 4444 فکس: 02 8405 4455

ایمیل: ns-haccdo@nsforum.org.au

www.nsforum.org.au

(ALLIED HEALTH)

| | |
|--|-----------|
| Dieticians | 9858 7782 |
| Lane Cove Community Aid Service (In-Home Podiatry Service) | 9427 6425 |
| Ryde Hospital (Aged Care & Rehabilitation Service)S – Occupational Therapy, Podiatry and Dietetics | 9858 7782 |
| Ryde Hospital (Podiatry Service) | 9858 7547 |

(PLANNING, COMMUNITY DEVELOPMENT, COORDINATION, VOLUNTEERS, COMMUNITY AID)

| | |
|--|-----------|
| Christian Community Aid Service Inc | 9858 3222 |
| City of Ryde (Access & Equity Coordinator) | 9952 8304 |
| City of Ryde (Ryde Community Volunteer) | 9952 8303 |
| Hunters Hill Council Community (Service Liaison Officer) | 9879 9419 |
| Multicultural Access Project | 8877 5316 |
| North Ryde Community Aid (Information Centre) | 9888 3380 |
| Northside Community Forum Inc (Northern Sydney HACC Development Officer) | 8405 4444 |
| Northside Community Forum Inc (Regional Volunteer Resource Officer) | 8405 4444 |

(HACC)

Carelink
1800 052 222

| | |
|--|-----------|
| Ryde Hospital (Aged Care & Rehabilitation Service) – Information, Assessment & Support for Older People including Aged Care Assessment Team (ACAT) | 9858 7782 |
|--|-----------|

13 14 50

(TIS)

| | |
|--------------------------------------|--------------|
| (Referral & Assessment Centre) | 1800 350 792 |
| Wangary Aboriginal Home Care Service | 1300 797 606 |

(RESPITE CARE)

| | |
|---|--------------|
| Baptist Community Services (Flexible Respite 0-65yrs) | 9346 1420 |
| Centacare Broken Bay(Flexible Respite) | 8968 5100 |
| Centacare Flexible Respite Care (Before & After School/Vacation Care) | 8968 5100 |
| Commonwealth Respite and Carelink Centre | 1800 052 222 |
| HammondCare (Flexible Carer Respite Solutions) | 9903 8128 |
| HammondCare (Woonona Cottage & Overnight Respite Service) | 9488 2288 |
| Home Care Service | 9877 0166 |
| Hunters Hill Ryde Community Services Inc (Flexible Respite Service) | 9817 0101 |
| Kincare Community Service | 1300 733 510 |
| Riverlink Interchange | 9638 0999 |
| Sunnyfield Respite (14-65 yrs) | 9451 6999 |
| UnitingCare Ageing (In Home Respite Service) | 9975 7388 |
| Wangary Aboriginal Home Care Service | 1300 797 606 |

(SOCIAL SUPPORT)

| | |
|---|--------------|
| Armenian Senior Citizens Social Group (North Ryde Community Aid) | 9888 3380 |
| Catholic Community Services (Early Onset Dementia) | 1800 225 474 |
| Christian Community Aid Service Inc | 9858 3222 |
| Frail Older Men UnitingCare Ageing | 9975 7388 |
| Hunters Hill Ryde Community Services Inc (Volunteer Visiting Service) | 9817 0101 |
| Hunters Hill Ryde Community Services Inc | 9817 0101 |
| North Ryde Community Aid | 9888 3380 |
| UnitingCare Ageing (CALD) | 9975 7388 |
| Wangary Aboriginal Home Care Service | 1300 797 606 |

(TRANSPORT)

| | |
|---|--------------|
| DARTS (Disabled Alternative Road Travel Service) | 9777 7840 |
| Community Transport Easy Transport | 1800 035 262 |
| Multicultural Transport Christian Community Aid | 9858 3222 |
| Ryde Hunters Hill Community Transport Association Inc | 9816 5000 |

(DOMESTIC ASSISTANCE)

| | |
|--|--------------|
| Anglicare Chesalon Services | 9905 5227 |
| Baptist Community Services(Domestic Assistance) | 9419 4122 |
| Catholic Community Services | 1800 225 474 |
| Home Care Service (Referral & Assessment Centre) | 1800 350 792 |
| Kincare Community Service | 1300 733 510 |
| Wangary Aboriginal Home Care Service | 1300 797 606 |

(LIVING CONDITIONS PROGRAM SUPPORTS PEOPLE LIVING IN POOR CONDITION)

| | |
|-----------------------------|--------------|
| Catholic Community Services | 1800 225 474 |
|-----------------------------|--------------|

(EMERGENCY PERSONAL ALARM)

| | |
|--------------------|-----------|
| Constant Companion | 9777 7836 |
|--------------------|-----------|

(HOME MAINTENANCE & MODIFICATION SERVICES)

| | |
|--|-----------|
| Community Assist Lawn Mowing | 9488 8390 |
| Easy Care Gardening Inc | 9983 1644 |
| North Ryde Community Aid (light home & garden maintenance, plus lawn mowing service) | 9888 3380 |
| Ryde Hunters Hill | 9952 8305 |

(LINEN SERVICE)

| | |
|--------------------------|-----------|
| North Ryde Community Aid | 9888 3380 |
|--------------------------|-----------|

(MEAL/FOOD SERVICES)

| | |
|--|-----------|
| Christian Community Aid (Eastwood, Ryde, West Ryde, North Ryde, Meadowbank, Denistone) | 9858 3222 |
| Christian Community Aid (Centre Based Meals (Armenian, Cantonese, Dari/Farsi)) | 9858 3222 |
| Hunters Hill Ryde Community Services Inc (Food Services & Wednesday Lunch Club) | 9817 0101 |
| North Ryde Community Aid (Centre Based Meals) | 9888 3380 |

(NURSING CARE)

| | |
|--|-----------|
| Northern Sydney Home Nursing Service (Gladesville) | 9816 0550 |
|--|-----------|

(PERSONAL CARE)

| | |
|-----------------------------|--------------|
| Anglicare Chesalon Services | 9905 5227 |
| Baptist Community Services | 9419 4122 |
| Catholic Community Services | 1800 225 474 |
| Home Care Service | |

(CASE MANAGEMENT/ASSESSMENT (COPS))

| | |
|--------------------------------------|--------------|
| CALD Community Care Northern Beaches | 9979 7677 |
| Catholic Community Services | 1800 225 474 |
| Diverse Community Care | 9898 0000 |
| Wangary Aboriginal Home Care Service | 1300 797 606 |

(CENTRE-BASED DAY CARE)

| | |
|---|--------------|
| Armenian Community Welfare Day Care Centre (Frail Aged) | 9419 6394 |
| Australian Chinese Community | 9412 3488 |
| Catholic Community Services (Korean & Lebanese) | 1800 225 474 |
| Co.As.It Italian Association of Assistance Day Care Centre (Frail Aged) | 9564 0744 |
| Hunters Hill Ryde Community Services Inc (Senior Day Centre) | 9817 0101 |

(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARE RECIPIENT))

| | |
|--|-----------|
| Christian Community Aid | 9858 3222 |
| North Ryde Community Aid (including Armenian & Multicultural Services) | 9888 3380 |

(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARER))

| | |
|--|--------------|
| Catholic Community Services | 1800 225 474 |
| Diverse Community Care | 9898 0000 |
| HammondCare | 9903 8367 |
| Hunters Hill Ryde Community Services Inc (Carers Support Service) | 9817 0101 |
| Multicultural Carers Support | 9858 3222 |
| North Ryde Community Aid (including Armenian & Multicultural Services) | 9888 3380 |

(DEMENTIA SERVICES)

| | |
|---|--------------|
| Armenian Community Welfare Centre | 9419 6394 |
| Catholic Community Services (Dementia Advisory Service) | 1800 225 474 |
| Catholic Community Services (Dementia Monitoring Program) | 1800 225 474 |
| Co.As.It (Italian Dementia Day Care Centre) | 9564 0744 |
| Elaroo Dementia Day Care Centre | 8875 0919 |
| Hunters Hill Respite Day Care (Dementia/Frail Aged) | 9879 6210 |
| Mid-West Dementia Support | 9898 0000 |
| Ming Shi Chinese Dementia Day Care | 9412 3488 |
| Time Off Program | 9488 8694 |