

خدمات مراقبتی خانگی و اجتماعی
HOME & COMMUNITY CARE
SERVICES

برای سالخورده‌گان و افراد دچار معلولیت و از
کار افتادگی و مراقبت کنندگان آنها تا در صورت
امکان به حفظ زندگی مستقل آنها در جامعه کمک
شود



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

PERSIAN

خدمات مراقبتی خانگی و اجتماعی چیست؟

اگر دچار معلولیت و از کار افتادگی هستید یا دارید مسن تر می
شوید، شاید انجام کارهای روزمره خانه برای تان سخت شده باشد.
شاید حتی به فکر افتاده باشید که به یک آسایشگاه یا خانه سالمندان
بروید.

برنامه مراقبت خانگی و اجتماعی (HACC) به شما و فردی که از
شما مواظبت می کند کمک می کند تا بتوانید تا سر حد امکان به
زندگی ایمن، راحت و مستقل خود در خانه ادامه دهید.

آیا من واجد شرایط هستم؟

با خدمات مورد نظر خود تماس بگیرید. آنها درباره شرایط استفاده
از خدمات راهنمایی تان خواهند کرد.

هزینه آن چقدر است؟

بعضی از خدمات رایگان هستند، و بعضی نیز هزینه های متفاوتی
دارند. هنگام تماس درباره هزینه ها سوال کنید.

بودجه برنامه خدمات خانگی و اجتماعی بطور متنبرک توسط رفاه
عمومی و ایالت تامین می شود. در صورت نیاز به اطلاعات بیشتر
با پروژه توسعه HACC 02 8405 4444 تماس بگیرید.



همکاری با سالمندان، افراد دارای معلولیت و از کار
افتادگی، مراقبت کنندگان و مراجع خدمات رسانی

تهیه شده توسط:

پروژه توسعه HACC شمال میدنی

PO Box 564, St Leonards NSW 1590

تلفن: 02 8405 4444 فکس: 02 8405 4455

ایمیل: ns-haccdo@nsforum.org.au

www.nsforum.org.au

(ALLIED HEALTH)

Dieticians	9998 0755
Manly Warringah Pittwater In-Home Podiatry Service	9979 7677
Mona Vale Hospital (Occupational Therapy)	9998 0734
Mona Vale Hospital (Re-hab & Aged Care Physiotherapy)	9998 0582
Mona Vale Hospital Podiatrist	9998 0409

(PLANNING, COMMUNITY DEVELOPMENT
COORDINATION, VOLUNTEERS, COMMUNITY AID)

Manly Council Community (Development Coordinator)	9976 1562
Multicultural Access Project	8877 5316
Northside Community Connect (Volunteer Program)	9931 7777
Northside Community Forum Inc (Northern Sydney HACC Development Officer)	8405 4444
Northside Community Forum Inc (Regional Volunteer Resource Officer)	8405 4444
Pittwater Council Social Planning & Community Development	9970 1199
Warringah Council Aged Services (Development Officer)	9942 2560

(HACC)

Carelink

1800 052 222

Northern Beaches ACAT (Located at Mona Vale Hospital)	9998 0356
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(TIS) 13 14 50

Wangary Aboriginal Home Care Service 1300 797 606

(RESPITE CARE)

Baptist Community Service (Flexile Respite 0-65 yrs) 9346 1420

Centacare Broken Bay (Flexible Respite) 8968 5100

Commonwealth Respite and Carelink Centre 1800 052 222

Community Care (Northern Beaches) (Respite Service & Dementia Monitoring) 9979 7677

HammondCare (Woonona Cottage Overnight Respite Service) 9488 2288

Home Care Service 1800 350 792

Northern Beaches Interchange Inc (0-24 yrs) 9970 0500

Sunnyfield Respite (14-65 yrs) 9451 6999

Wangary Aboriginal Home Care Service 1300 797 606

Wesley Mission 9938 5900

(SOCIAL SUPPORT)

Anglicare Chesalon Services 9905 5227

Armenian Community Welfare Centre (Volunteer Visiting) 9419 6394

Catholic Community Services (Early Onset Dementia) 1800 225 474

Frail Older Men UnitingCare Ageing 9975 7388

Hunters Hill Ryde Community Services Inc 9817 0101

Lifeline Northern Beaches Senior Visiting Service 9949 5522

Manly Warringah Pittwater Community Aid Service (Neighbour Aid Social Support Program) 9913 3244

Northside Community Connect (Multicultural Carers Program) 9931 7750

Wangary Aboriginal Home Care Service 1300 797 606

(TRANSPORT)

Community Transport Easy Transport 1800 035 262

DARTS (Disabled Alternative Road Travel Service) 9777 7840

Manly Warringah Pittwater Community Transport 9971 5110

Manly Warringah Pittwater Community Aid Service (Neighbour Aid Social Support Program) 9913 3244

(DEMENTIA SERVICES)

Armenian Community Welfare Centre 9419 6394

Elaroo Dementia Day Care Centre 8875 0919

Community Care (Northern Beaches) (Dementia Carers Respite & Dementia Advisor) 9979 7677

Ming Shi Chinese Dementia Day Care 9412 3488

(DOMESTIC ASSISTANCE)

Armenian Community Welfare Centre 9419 6394

Community Care (Northern Beaches) (Dementia Monitoring & Dementia Advisor) 9979 7677

Elaroo Dementia Day Care Centre 8875 0919

Ming Shi Chinese Dementia Day Care 9412 3488

(LIVING CONDITION PROGRAM)

SUPPORTS PEOPLE LIVING IN POOR CONDITION)

Catholic Community Services 1800 225 474

(EMERGENCY PERSONAL ALARM)

Constant Companion 9777 7836

(HOME MAINTENANCE & MODIFICATION SERVICES)

Community Assist Lawn Mowing 9488 8390

Manly Warringah Pittwater Community Aid Service (Home Maintenance & Modification) 9913 3244

Northside Community Connect (Easy Care Gardening) 9931 7777

(MEALS/FOOD SERVICES)

Northern Beaches Food Services 9970 8399

Manly Meals on Wheels 8966 9925

(NURSING CARE)

Manly Northern Sydney Home Nursing Service 9976 9888

Mona Vale Northern Sydney Home Nursing Service 9998 0555

(PERSONAL CARE)

Anglicare Chesalon Services 9905 5227

Baptist Community Services (Personal Care) 9346 1420

Catholic Community Services 1800 225 474

Home Care Service(Referral & Assessment Centre) 1800 350 792

Kincare Community Services 1300 733 510

(CASE MANAGEMENT/ASSESSMENT (COPS))

CALD Community Care (Northern Beaches) 9979 7677

Wangary Aboriginal Home Care Service 1300 797 606

(CENTRE-BASED DAY CARE)

Anglicare (Chesalon) (Frenchs Forest) 9452 6343

Anglicare (Chesalon) (North Manly Day Centre) 9905 5227

Anglicare (Chesalon) (Pittwater Day Centre) 9979 6832

Armenian Community Welfare Day Care Centre (Frail Aged) 9419 6394

Co.As.It Italian Association of Assistance Day Care Centre (Frail Aged) 9564 0744

Greek Welfare Centre Day Care (Frail Aged) 9516 2188

Jacaranda Pittwater Uniting Church Day Care Centre (Frail Aged & Respite) 9979 4299

Parkhill Cottage Day Centre (Frail Aged & Dementia) 9976 9559

(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARE RECIPIENT))

Aboriginal Advisory Service Community Care Northern Beaches 9979 7677

Community Care (Northern Beaches) (Aboriginal Community Advisor) 9979 7677

Community Care (Northern Beaches) (Community Advisor) 9979 7677

Northern Beaches Disability Information Service 9942 2686

(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARER))

Community Care (Northern Beaches) (Aboriginal Community Advisor) 9979 7677

Community Care (Northern Beaches) (Community Advisor) 9979 7677

Multicultural Health Service (Multicultural Community Advisory Service) 8877 5313

HammondCare 9903 8367

Northside Community Connect (Carers Program) 9931 7750

Northside Community Connect (Multicultural Carers Program) 9931 7750