

خدمات مراقبتی خانگی و اجتماعی

HOME & COMMUNITY CARE

SERVICES

برای سالموردگان و افراد دچار معلولیت و از

کار افتادگی و مراقبت کنندگان آنها تا در صورت

امکان به حفظ زندگی مستقل آنها در جامعه کمک

شود



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

PERSIAN

خدمات مراقبتی خانگی و اجتماعی چیست؟

اگر دچار معلولیت و از کار افتادگی هستید یا دارید مسن تر می شوید، شاید انجام کارهای روزمره خانه برای تان سخت شده باشد. شاید حتی به فکر افتاده باشید که به یک آسایشگاه یا خانه سالمندان بروید.

برنامه مراقبت خانگی و اجتماعی (HACC) به شما و فردی که از شما مواظبت می کند کمک می کند تا بتوانید تا سر حد امکان به زندگی ایمن، راحت و مستقل خود در خانه ادامه دهید.

آیا من واجد شرایط هستم؟

با خدمات مورد نظر خود تماس بگیرید. آنها درباره شرایط استفاده از خدمات راهنمایی تان خواهند کرد.

هزینه آن چقدر است؟

بعضی از خدمات رایگان هستند، و بعضی نیز هزینه های متفاوتی دارند. هنگام تماس درباره هزینه ها سوال کنید.

بودجه برنامه خدمات خانگی و اجتماعی بطور مشترک توسط رفاه عمومی و ایالت تامین می شود. در صورت نیاز به اطلاعات بیشتر با پروژه توسعه HACC 02 8405 4444 تماس بگیرید.



همکاری با سالمندان، افراد دارای معلولیت و از کار افتادگی، مراقبت کنندگان و مراجع خدمات رسانی

تهیه شده توسط:

پروژه توسعه HACC شمال میدنی

PO Box 564, St Leonards NSW 1590

تلفن: 02 8405 4444 فکس: 02 8405 4455

ایمیل: ns-haccdo@nsforum.org.au

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(ALLIED HEALTH)

Dieticians	9926 8705
Lane Cove Community Aid Service (In-Home Podiatry Service)	9427 6425
Royal North Shore Hospital (Aged Care & Rehabilitation Service) - Physiotherapy, Speech Pathology, Occupational Therapy, Continence Advice, Dietetics and In-home Podiatry	9926 8705

(PLANNING, COMMUNITY DEVELOPMENT, COORDINATION, VOLUNTEERS, COMMUNITY AID)

Crows Nest Centre (Community Support Officer)	9439 5122
Lane Cove Community Aid Service (Community Worker) (Aged & Disability Services)	9427 6425
Lane Cove Council (Community Development)	9911 3593
Mosman Council Aged & Disability Services	9978 4129
Multicultural Access Project	8877 5316
North Sydney Council (Community Worker Aged & Disability)	9936 8195
Northside Community Forum Inc (Northern Sydney HACC Development Officer)	8405 4413
Northside Community Forum Inc (Regional Volunteer Resource Officer)	8405 4444
Willoughby City Council (Community Worker Aged & Disability)	9777 7975

(HACC)

Carelink  
1800 052 222

Royal North Shore Hospital (Aged Care & Rehabilitation Service) – Information, Assessment & Support for Older People including Aged Care Assessment Team (ACAT)	9926 8705 13 14 50
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(TIS)

**(RESPITE CARE)**

Anglicare Chesalon Services (In Home Respite)	9905 5227
Baptist Community Services (Flexible Respite 0-65yrs)	9346 1420
Centacare Flexible Respite	8968 5100
Commonwealth Respite and Carelink Centre	1800 052 222
Community Care Northern Beaches (Respite Service)	9979 7677
Home Care Service	1800 350 792
HammondCare (In Home Respite)	9903 8128
HammondCare (Woonona Cottage Overnight Respite)	9488 2288
Respite Care Welfare Officer (Information, Assessment & Referral Residential Care)	9926 8705
Riverlink Interchange	9638 0999
Sunnyfield Respite (14-65 yrs)	9451 6999
UnitingCare Ageing (Northern Sydney In Home Respite Service)	9975 7388
Wangary Aboriginal Home Care Service	1300 797 606

**(SOCIAL SUPPORT)**

Armenian Community Welfare Centre	9419 6394
Australian Chinese Community Association	9412 3488

Catholic Community Services (Early Onset Dementia)	1800 225 474
Crows Nest Centre	9439 5122
Frail Older Men UnitingCare Ageing	9975 7388
Hunters Hill Ryde Community Services	9817 0101
Lane Cove Community Aid	9427 6425
Mosman Council	9978 4119
Wangary Aboriginal Home Care Service	1300 797 606
Willoughby Community Aid	9777 7824

**(TRANSPORT)**

Community Transport Easy Transport	1800 035 262
DARTS (Disabled Alternative Road Travel Service)	9777 7840
Lane Cove Meeting House Community Bus	9427 1841
Lower North Shore Community Transport Inc	9490 9500
Mosman Council Community Transport	9978 4120

Ming Shi Chinese Dementia Day Care	9412 3488
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**(DOMESTIC ASSISTANCE)**

Anglicare Chesalon Services	9905 5227
Baptist Community Services (Domestic Assistance)	9419 4122
Catholic Community Services	1800 225 474
Home Care Service (Referral & Assessment Centre)	1800 350 792
Kincare Community Services	1300 733 510
The Benevolent Society (North Sydney Home Assistance)	9975 3174
Wangary Aboriginal Home Care Service	1300 797 606

**(LIVING CONDITION PROGRAM SUPPORTS PEOPLE LIVING IN POOR CONDITION)**

Catholic Community Services	1800 225 474
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**(EMERGENCY PERSONAL ALARM)**

Constant Companion	9777 7836
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**(HOME MAINTENANCE & MODIFICATION SERVICES)**

Community Assist Lawn Mowing	9488 8390
Easy Care Gardening	9427 6425

Lower North Shore Home Maintenance & Modification Service	9428 3996
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**(LINEN SERVICE)**

Crows Nest Centre (North Sydney Community Services)	9439 5122
Lane Cove Community Aid	9427 6425

**(MEALS/FOOD SERVICES)**

Crows Nest Centre Meals on Wheels	9437 7507
Lane Cove Meals on Wheels	9427 6425
Mosman Council	9978 4130
Willoughby Meals on Wheels	9777 7830

**(NURSING CARE)**

Lane Cove Community Aid	9427 6425
Northern Sydney Home Nursing Service	9926 5599

**(PERSONAL CARE)**

Anglicare Chesalon Services	9905 5227
Baptist Community Services (Personal Care)	9346 1420
Catholic Community Services	1800 225 474
Home Care Service (Referral & Assessment Centre)	1800 350 792
Kincare Community Services	1300 733 510
Wangary Aboriginal Home Care Service	1300 797 606

**(CASE MANAGEMENT/ASSESSMENT (COPS))**

Catholic Community Services (Community Options)	1800 225 474
CALD Community Care Northern Beaches	9979 7677
HammondCare (Lower North Shore Community Options)	9903 8374
Wangary Aboriginal Home Care Service	1300 797 606

**(CENTRE-BASED DAY CARE)**

Anglicare Chesalon Services	9905 5227
Armenian Community Welfare Day Care Centre (Frail Aged)	9419 6394
Australian Chinese Association Day Care Centre (Frail Aged)	9412 3488
Baptist Community Services (0-65 yrs)	9346 1420
Co As It Italian Association of Assistance Day Care Centre (Frail Aged)	9564 0744
Greek Welfare Centre Day Care	9516 2188
Hammondcare (Greenwich Day Club)	9903 8326
HammondCare (Tom O'Neill Dementia Day Club)	9903 8353
Keenagers Day Centre (Frail Aged & Dementia)	9415 2070
Lower North Shore Multicultural Aged Day Care	9777 7992

**(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARE RECIPIENT))**

Australian Chinese Community Association	9412 3488
Catholic Community Services (Community & Dementia Advisory Service)	1800 225 474
Crows Nest Centre	9439 5122
Lane Cove Community Aid	9427 6425
Multicultural Health Service (Multicultural Community Advisory Service)	8877 5313

**(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARER))**

HammondCare	9903 8367
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**(DEMENTIA SERVICES)**

Armenian Community Welfare Centre	9419 6394
Australian Chinese Association Day Care Centre	9412 3488
Catholic Community Services (Dementia Monitoring Program)	1800 225 474
Catholic Community Services (Willoughby Club)	1800 225 474
Dementia Day Care	1800 225 474
Elaroo Dementia Day Care Centre	8875 0919
Flexible Carers Respite Solutions	9903 8366
HammondCare (In Home Respite)	9903 8128