

خدمات مراقبتی خانگی و اجتماعی

HOME & COMMUNITY CARE**SERVICES**

برای سالخوردگان و افراد دچار معلولیت و از کار افتادگی و مراقبت کنندگان آنها تا در صورت امکان به حفظ زندگی مستقل آنها در جامعه کمک شود



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

PERSIAN

خدمات مراقبتی خانگی و اجتماعی چیست؟

اگر دچار معلولیت و از کار افتادگی هستید یا دارید مسن تر می شوید، شاید انجام کارهای روزمره خانه برای تان سخت شده باشد. شاید حتی به فکر افتاده باشید که به یک آسایشگاه یا خانه سالمندان بروید.

برنامه مراقبت خانگی و اجتماعی (HACC) به شما و فردی که از شما مواظبت می کند کمک می کند تا بتوانید تا سر حد امکان به زندگی ایمن، راحت و مستقل خود در خانه ادامه دهید.

آیا من واجد شرایط هستم؟

با خدمات مورد نظر خود تماس بگیرید. آنها درباره شرایط استفاده از خدمات راهنمایی تان خواهند کرد.

هزینه آن چقدر است؟

بعضی از خدمات رایگان هستند، و بعضی نیز هزینه های متفاوتی دارند. هنگام تماس درباره هزینه ها سوال کنید.

بودجه برنامه خدمات خانگی و اجتماعی بطور مشترک توسط رفاه عمومی و ایالت تامین می شود. در صورت نیاز به اطلاعات بیشتر با پروژه توسعه HACC 02 8405 4444 تماس بگیرید.



همکاری با سالمندان، افراد دارای معلولیت و از کار افتادگی، مراقبت کنندگان و مراجع خدمات رسانی

تهیه شده توسط:

پروژه توسعه HACC شمال میدنی

PO Box 564, St Leonards NSW 1590

تلفن: 02 8405 4444 فکس: 02 8405 4455

ایمیل: ns-haccdo@nsforum.org.au

www.nsforum.org.au**(ALLIED HEALTH)**

Berowra Community Health Neighbour Aid	9456 3344
Dieticians	9477 9043
Hornsby Ku-ring-gai Hospital (Rehabilitation & Aged Care Service) (Occupational & Physiotherapy)	9477 9525
Lane Cove Community Aid Service (In-Home Podiatry Service)	9427 6425

(PLANNING, COMMUNITY DEVELOPMENT, COORDINATION, VOLUNTEERS, COMMUNITY AID)

Berowra Community Health Neighbour Aid	9456 3344
Hornsby Council (Over 55 Services)	9847 6535
Hornsby Shire Council (Access & Equity (Disability))	9847 6741
Ku-ring-gai Council (Community Development Officer (Aged & Disability))	9424 0836
Ku-ring-gai Neighbourhood Centre	9988 4966
Ku-ring-gai/Hornsby Volunteer Service	9424 0970
Lifeline Harbour to Hawkesbury Inc (H2H Community Aid)	9498 5882
Multicultural Access Project	8877 5316
Northside Community Forum Inc (Northern Sydney HACC Development Officer)	8405 4444
Northside Community Forum Inc (Regional Volunteer Resource Officer)	8405 4444
Pennant Hills Neighbour Aid Inc	9484 7777

(HACC)

Carelink**1800 052 222**

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(TIS)

(ACAT)

Hornsby Ku-ring-gai Hospital (Located with the Dept of Rehabilitation & Aged Care)	9477 9525
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Baptist Community Services (Flexible Respite 0-65 yrs)	9346 1420
Catholic Community Services	1800 225 474
Centacare Broken Bay Flexible Respite	8968 5100
Centacare (Flexible Respite Care Before & After School/Vacation Care)	8968 5100
Centacare Respite Services (0-65yrs)	9488 2400
Commonwealth Respite and Carelink Centre	1800 052 222
HammondCare (Woonona Cottage Overnight Respite Service)	9488 2288
Home Care Service	1800 350 792
Lorna Hodgkinson Sunshine Home	9983 9400
Sunnyfield Respite (14-65 yrs)	9451 6999
Wangary Aboriginal Home Care Service	1300 797 606

(SOCIAL SUPPORT)

Armenian Community Welfare Centre	9419 6394
Berowra Neighbour Aid	9456 3344
Catholic Community Services (under 65yrs with Dementia)	1800 225 474
Frail Older Men UnitingCare Ageing	9975 7388
Galston Neighbour Aid	9653 2313
Hornsby Ku-ring-gai Hospital (Tuesday Activity Group)	9477 9514
Hunters Hill Ryde Community Services	9817 0101
Ku-ring-gai Neighbourhood Centre	9988 4966
Lifeline Harbour to Hawkesbury Inc (H2H Community Aid)	9498 5882
Pennant Hills Neighbour Aid.	9484 7777
UnitingCare Ageing (CALD)	9975 7388
Wangary Aboriginal Home Care Service	1300 797 606

(TRANSPORT)

DARTS (Disabled Alternative Road Travel Service)	9777 7840
Easy Transport	1800 035 262
Hornsby Ku-ring-gai Community Aged/Disabled Transport Service	9983 1611

(DOMESTIC ASSISTANCE)

Anglicare Chesalon Services	9905 5227
Baptist Community Services (Domestic Assistance)	9419 4122
Catholic Community Services	1800 225 474
Home Care Service (Referral & Assessment Centre)	1800 350 792
Kincare Community Service	1300 733 510
Wangary Aboriginal Home Care Service	1300 797 606

(LIVING CONDITION PROGRAM SUPPORTS PEOPLE LIVING IN POOR CONDITION)

Catholic Community Services	1800 225 474
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(EMERGENCY PERSONAL ALARMS)

Constant Companion	9777 7836
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(HOME MAINTENANCE & MODIFICATION SERVICES)

Community Assist Lawn Mowing	9488 8390
Easy Care Gardening Inc	9983 1644
Hornsby Ku-ring-gai Home Modification & Maintenance Service	9847 6503

(MEALS/FOOD SERVICES)

Galston Meals on Wheels	9653 2313
Hornsby Meals on Wheels	9477 9419
Ku-ring-gai Meals on Wheels	9144 2044

(NURSING CARE)

Continence Adviser (Nursing)	9816 0550
Hornsby Northern Sydney Home Nursing Service	9477 9277
Ku-ring-gai Northern Sydney Home Nursing Service	9449 6677

(PERSONAL CARE)

Anglicare Chesalon Services	9905 5227
Baptist Community Services	9346 1420
Catholic Community Services	1800 225 474
Home Care Service (Referral & Assessment Centre)	1800 350 792
Kincare Community Service	1300 733 510
Wangary Aboriginal Home Care Service	1300 797 606

(RESPITE CARE)

Anglicare Chesalon Services (In Home Respite)	9905 5227
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(CASE MANAGEMENT/ASSESSMENT (COPS))

Catholic Community Services	1800 225 474
CALD Community Care Northern Beaches	9979 7677
Wangary Aboriginal Home Care Service	1300 797 606

(CENTRE-BASED DAY CARE)

Acacia Living Life	9456 7103
Armenian Community Welfare Day Care Centre (Frail Aged)	9419 6394
Australian Chinese Community Association Frail Aged Day Care Centre	9412 3488
Catholic Community Services (Korean & Lebanese)	1800 225 474
Catholic Community Services (Waitara Wellness Centre)	1800 225 474
Co.As.It Italian Association of Assistance Day Care Centre (Frail Aged)	9564 0744
Greek Welfare Centre Day Care	9516 2188

(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARE RECIPIENT))

Australian Chinese Community Association	9412 3488
Catholic Community Services	1800 225 474
Dementia Advisory Service	9479 3333

(COUNSELLING/SUPPORT, INFORMATION & ADVOCACY (CARER))

Catholic Community Services	1800 225 474
HammondCare	9903 8367
Hornsby Ku-ring-gai Hospital (Carers Support Worker)	8877 5349

(DEMENTIA SERVICES)

Armenian Community Welfare Centre	9419 6394
Catholic Community Centre (Chantal Dementia Day Care)	1800 225 474
Catholic Community Services (Dementia Advisory Services)	1800 225 474
Catholic Community Services (Dementia Monitoring Program)	1800 225 474
Co.As.It (Italian Dementia Day Care Centre)	9564 0744
Elaroo Dementia Day Care Centre	8875 0919
Ming Shi Chinese Dementia Day Care	9412 3488
Richard Geeves Day Care Centre	9488 8694
Time Off Program (In Home Respite for Dementia)	9488 8694