

## HUNTERS HILL و RYDE

مناطق دولت های محلی (شماره‌های ها)

# خدمات مواظبت در خانه و اجتماع HOME & COMMUNITY CARE SERVICES

این خدمات برای افراد پیر و فرتوت و کسانی که معیوبیتی دارند و مواظبین آنان است تا در صورت ممکن به آنان کمک شود زندگی مستقل در میان اجتماع خود را حفظ نمایند.



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM  
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

DARI

### مواظبت در خانه و اجتماع یعنی چه؟

اگر شما دارای معیوبیت هستید یا دارید پیر می شوید، ممکن است هر کار برای شما در خانه دشوار شود. چه بسا شما فکر کنید که به یک خوابگاه **hostel** یا خانه های سالمندان **nursing home** منتقل شوید.

پروگرام مواظبت در خانه و اجتماع **Home and Community Care (HACC) Program** به شما و شخصی که از او مواظبت می نمایند کمک می کند تا بتوانید در خانه خود زندگی کنید در حالی که امنیت، راحتی، و استقلال شما تا آنجا که میسر باشد تأمین شود.

### آیا من استحقاق دارم؟

به مؤسسه خدماتی مورد علاقه خود زنگ بزنید. آنان راجع به استحقاق شما برای شما معلومات خواهند داد.

### چقدر مصارف دارد؟

برخی از خدمات رایگان هستند در حالی که خدمات دیگری هم هست که مبالغ مختلفی فیس می خواهند. موقعی که زنگ می زنید از آنها پرسان کنید مصارف آن چقدر است.

مواظبت در خانه و اجتماع **Home and Community Care** یک پروگرام است که توسط دولت فدرال (کامنولت) و ایالتی هر دو تمویل شده است. اگر معلومات بیشتری می خواهید، با **HACC Development Project** به شماره تلفون **02 8405 4444** تماس حاصل نمائید.



کار کردن با مردمانی که پیر هستند، معیوبیت دارند، مواظبین آنان و مؤسسائی که برای آنان خدمت می کنند.

تهیه توسط:

**Northern Sydney HACC Development Project**

PO Box 564, St Leonards NSW 1590

تلفون: 02 8405 4444 فکس: 02 8405 4455

ایمیل: ns-haccdo@nsforum.org.au

[www.nsforum.org.au](http://www.nsforum.org.au)

### (ALLIED HEALTH)

Dietitians	9858 7782
Lane Cove Community Aid Service (In-Home Podiatry Service)	9427 6425
Ryde Hospital (Aged Care & Rehabilitation Service)S – Occupational Therapy, Podiatry and Dietetics	9858 7782
Ryde Hospital (Podiatry Service)	9858 7547

### (PLANNING, COMMUNITY DEVELOPMENT, COORDINATION, VOLUNTEERS, COMMUNITY AID)

Christian Community Aid Service Inc	9858 3222
City of Ryde (Access & Equity Coordinator)	9952 8304
City of Ryde (Ryde Community Volunteer)	9952 8303
Hunters Hill Council Community (Service Liaison Officer)	9879 9419
North Ryde Community Aid (Information Centre)	9888 3380
Northside Community Forum Inc (Northern Sydney HACC Development Officer)	8405 4444
Multicultural Access Project	8877 5316
Northside Community Forum Inc (Regional Volunteer Resource Officer)	8405 4444

### Home and Community Care

(HACC)

### Commonwealth Respite & Carelink Centre

1800 052 222

Ryde Hospital (Aged Care & Rehabilitation Service) – Information, Assessment & Support for Older People including Aged Care Assessment Team (ACAT)

9858 7782

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Home Care Service (Referral & Assessment Centre)	1800 350 792
Wangary Aboriginal Home Care Service	1300 797 606

**(RESPITE CARE)**

Baptist Community Services (Flexible Respite 0-65yrs)	9346 1420
Centacare Broken Bay(Flexible Respite)	8968 5100
Centacare Flexible Respite Care (Before & After School/Vacation Care)	8968 5100
Commonwealth Respite and Carelink Centre	1800 052 222
HammondCare (Flexible Carer Respite Solutions)	9903 8128
HammondCare (Woonona Cottage & Overnight Respite Service)	9488 2288
Home Care Service	9877 0166
Hunters Hill Ryde Community Services Inc (Flexible Respite Service)	9817 0101
Kincare Community Service	1300 733 510
Riverlink Interchange	9638 0999
Sunnyfield Respite (14-65 yrs)	9451 6999
UnitingCare Ageing (In Home Respite Service)	9975 7388
Wangary Aboriginal Home Care Service	1300 797 606

**(SOCIAL SUPPORT)**

Armenian Senior Citizens Social Group (North Ryde Community Aid)	9888 3380
Catholic Community Services (Early Onset Dementia)	1800 225 474
Christian Community Aid Service Inc	9858 3222
Frail Older Men UnitingCare Ageing	9975 7388
Hunters Hill Ryde Community Services Inc (Volunteer Visiting Service)	9817 0101
Hunters Hill Ryde Community Services Inc	9817 0101
North Ryde Community Aid	9888 3380
UnitingCare Ageing (CALD)	9975 7388
Wangary Aboriginal Home Care Service	1300 797 606

**(TRANSPORT)**

DARTS (Disabled Alternative Road Travel Service)	1800 035 262
Community Transport Easy Transport	9777 7840
Multicultural Transport Christian Community Aid	9858 3222
Ryde Hunters Hill Community Transport Association Inc	9816 5000

Baptist Community Services(Domestic Assistance)	9419 4122
Catholic Community Services	1800 225 474
Home Care Service (Referral & Assessment Centre)	1800 350 792
Kincare Community Service	1300 733 510
Wangary Aboriginal Home Care Service	1300 797 606

**(LIVING CONDITION PROGRAM SUPPORTS PEOPLE LIVING IN POOR CONDITION)**

Catholic Community Services	1800 225 474
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**(EMERGENCY PERSONAL ALARM)**

Constant Companion	9777 7836
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**(HOME MAINTENANCE & MODIFICATION SERVICES)**

Community Assist Lawn Mowing	9488 8390
Easy Care Gardening Inc	9983 1644
North Ryde Community Aid (light home & garden maintenance, plus lawn mowing service)	9888 3380
Ryde Hunters Hill	9952 8305

**(LINEN SERVICE)**

North Ryde Community Aid	9888 3380
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**(MEALS/FOOD SERVICES)**

Christian Community Aid (Eastwood, Ryde, West Ryde, North Ryde, Meadowbank, Denistone)	9858 3222
Christian Community Aid (Centre Based Meals (Armenian, Cantonese, Dari/Farsi))	9858 3222
Hunters Hill Ryde Community Services Inc (Food Services & Wednesday Lunch Club)	9817 0101
North Ryde Community Aid (Centre Based Meals)	9888 3380

**(NURSING CARE)**

Northern Sydney Home Nursing Service (Gladesville)	9816 0550
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**(PERSONAL CARE)**

Anglicare Chesalon Services	9905 5227
Baptist Community Services	9419 4122
Catholic Community Services	1800 225 474

**(CASE MANAGEMENT/ASSESSMENT(COPS))**

CALD Community Care Northern Beaches	9979 7677
Catholic Community Services	1800 225 474
Diverse Community Care	9898 0000
Wangary Aboriginal Home Care Service	1300 797 606

**(CENTRE-BASED DAY CARE)**

Armenian Community Welfare Day Care Centre (Frail Aged)	9419 6394
Australian Chinese Community	9412 3488
Catholic Community Services (Korean & Lebanese)	1800 225 474
Co.As.It Italian Association of Assistance Day Care Centre (Frail Aged)	9564 0744
Hunters Hill Ryde Community Services Inc (Senior Day Centre)	9817 0101

**(COUNSELLING/SUPPORTING FORMATION & ADVOCACY (CARE RECIPIENT))**

Christian Community Aid	9858 3222
North Ryde Community Aid (including Armenian & Multicultural Services)	9888 3380

**(COUNSELLING/SUPPORTING FORMATION & ADVOCACY (CARER))**

Catholic Community Services	1800 225 474
Diverse Community Care	9898 0000
HammondCare	9903 8367
Hunters Hill Ryde Community Services Inc (Carers Support Service)	9817 0101
Multicultural Carers Support	9858 3222
North Ryde Community Aid (including Armenian & Multicultural Services)	9888 3380

**(DEMENTIA SERVICES)**

Armenian Community Welfare Centre	9419 6394
Catholic Community Services (Dementia Advisory Service)	1800 225 474
Catholic Community Services (Dementia Monitoring Program)	1800 225 474
Co.As.It (Italian Dementia Day Care Centre)	9564 0744
Elaroo Dementia Day Care Centre	8875 0919
Hunters Hill Respite Day Care (Dementia/Frail Aged)	9879 6210
Mid-West Dementia Support	9898 0000
Ming Shi Chinese Dementia Day Care	9412 3488
Time Off Program	9488 8694

**(DOMESTIC ASSISTANCE)**

Anglicare Chesalon Services	9905 5227
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